



Empowering Teachers across Europe to deal with Social, Emotional and Diversity related Career Challenges

Newsletter no. 3/2022

Welcome to *HAND IN HAND: Empowering Teachers Across Europe to Deal with Social, Emotional and Diversity Related Career Challenges* (HAND:ET) biannual project newsletter!

HAND:ET Consortium will use this path to share news about the project as well as the scientific and other related information on the topic of the project.

Resources

SEL for SDGs: Why social and emotional learning (SEL) is necessary to achieve the Sustainable Development Goals (SDGs)

We would like to share with you relevant reading material that connects *social and emotional learning (SEL) with achieving Sustainable Development Goals (SDG)*. The authors begin the article describing the conflicting goals of the SDGs and how the attainment of these goals may necessitate a balancing act as well as the 'dissonance and the SDGs' at the level of individual and social collectives because of the conflicting nature of the SDGs. Finally, the authors posit two specific avenues, emotional resilience and prosocial behaviour, for managing dissonance and attainment of the SDGs and describe the need for social and emotional learning as fundamental skills in our education systems to achieve the SDGs. You can read find the full text [here](#).

Student immigration, migration, and teacher preparation

If you are interested in the topic of multicultural education, a new study has been published that reviews the *evolution of multicultural education* as a framework for addressing the education of immigrant students and examines the current extent to which teachers feel prepared for and are attentive to culturally responsive practices. Study is available [here](#).

Teachers' and students – compassionate love and educational inequality

An interesting approach to the positive effects of teacher-student relationships (TSR) has been taken in the study exploring the *effect of a teachers' compassionate love* as a possible determinant of TSR. The connection between teachers' perceived social support from co-workers and the closeness dimension of TSR appeared fully mediated by both dimensions of teachers' compassionate love. The study is available [here](#).

Another interesting review addresses the recent advances linking the teachers' attitudes, perceptions, and beliefs to inequality in students' outcomes. The review has identified specific *aspects of teacher psychology that contribute to disparities in students' outcomes* as well as the mechanisms underlying these effects. Full review is available [here](#).

Learning opportunities

How to foster well-being in educational settings during challenging times?

HAND:ET project partner, [Institute for Social Research in Zagreb](#), is hosting a scientific conference ***5th Days of the Educational Sciences: How to foster well-being in educational settings during challenging times?*** The conference will be held in October 2022 in Zagreb. More information is available [here](#).

How can socio-emotional competencies and diversity awareness be measured?

This autumn, we kindly invite you to join the HAND:ET webinar: ***How can socio-emotional competencies and diversity awareness be measured? An overview of possibilities and challenges.*** Socio-emotional competencies and diversity awareness (SEDA competencies) are not as easily accessible to measurement as, for example, reading or math competencies. However, the importance of SEDA competencies and their promotion in schools is increasingly recognized. Having that in mind, the project partners from the Leibniz Institute for Research and Information in Education, [DIPF](#) will present different ways to measure these competencies reliably and validly and discuss the challenges associated with the different techniques.

The webinar will take place online on the Zoom platform so make sure to follow HAND:ET social media for the updates about the date, time and registration.

Events

HAND: ET project presented at the international TEPE 2022 Conference and annual RCIE Conference!

HAND:ET project partners, [University of Graz](#) (Uni Graz), presented the HAND:ET project at the TEPE Conference. ***The 16th international Teacher Education Policy in Europe (TEPE) conference*** took place from 11th to 13th of April 2022 at the University of Graz (Austria) and has dealt with the topic of ***"Enhancing the value of teacher education research: Implications for policy and practice"***. This annual scientific event brings together experts in the field of teacher education and junior researchers from all over the world and is a great opportunity to discuss and reflect on different aspects of policy and practice in teacher education. The HAND:ET project was presented by Christina Oswald, Lisa Paleczek, Barbara Gasteiger-Klicpera, Valerie Fredericks and Ana Kozina in a poster presentation and you can have a look at the poster [here!](#)

Uni Graz HAND: ET project team also presented the HAND: ET Project at the the annual conference of the [Research Centre for Inclusive Education \(RCIE\)](#) that took place in Graz, Austria on the 28th of April. The event was held online and has dealt with the topic ***"Accessibility in a Digital Society: Opportunities and Challenges"***. In addition to the explanation of the main contents and objectives of the HAND: ET project, the participants also had the opportunity to participate in a short, guided mindfulness exercise and got a first impression of the training for teachers, principals and school counsellors that has been developed within the project and will be implemented in five countries (Slovenia, Croatia, Austria, Portugal, Sweden) in the school year 2022/23. The recording of the presentation and mindfulness exercise (in German) can be found [here](#).

News

HAND:ET in Sundsvall

HAND:ET project meeting #4 was held this May in Sundsvall, Sweden, hosted by our partners from Sweden, [Mid Sweden University \(MIUN\)](#).

After revision of the implemented project activities, we were focused on the planning of the upcoming project activities and making final preparations for the implementation of HAND:ET Program in schools this autumn. We are really excited about working with teachers, so make sure to follow our journey to stay updated!



Introducing the HAND:ET Consortium & SEDA competencies

We are excited to introduce to you our new dissemination activity: **Introducing the HAND:ET Consortium & SEDA competencies** series that will be regularly shared via HAND:ET [web site](#) and social media channels ([FB](#), [TW](#)). We want to introduce the project partners through short interviews with members of the project teams on the topics from the field of their expertise that is also connected to and relevant for the HAND:ET project main theme: **social and emotional competencies and diversity awareness (SEDA) empowering teachers** in schools.

First partners to be share their thoughts and ideas will be the Danish Center for Mindfulness (DCM), Aarhus University and Mid Sweden University (MIUN), partners that were in charge of developing the HAND:ET Program that will be implemented with teachers this autumn and Leibniz Institute for Research and Information in Education (DIPF) in charge of the evaluation of the HAND:ET system.

However, before starting the series, we want to remind you about the article with the project leader, Ana Kozina from the [Education Research Institute](#). The article is available [here](#), check it out!