



## PostDoc Peer Mentoring Team 2023: Call for Participants & Application Form

Peer mentoring means that a group of postdoctoral researchers work together as a closed group for a year to enhance their professional development. It is based on the assumption that each of the group members has an advantage of knowledge, competence and experience in a specific domain that they can make accessible to the others. The PostDoc Peer Mentoring Team is intended for persons interested in receiving and giving support to/from peers outside their immediate work area

- on career steps (within or outside academia)
- on work- & life-balance related topics

The PostDoc Peer Mentoring Team consists of up to 15 participants. It is interdisciplinary, mixed-gender, and lasts from spring 2023 until spring 2024. The programme is supported by the PostDoc Office, additional knowledge & training will be provided by career experts and professional coaches.

### Target group

The target group are postdoctoral researchers who are employed in temporary contracts at the University of Graz at the time of application. Participants commit to stay with the Peer Mentoring Team for one year. The working language is determined within the group.

### How to apply

To apply to become part of the 2023 Team, please submit the following documents until March 10, 2023 to [postdoc@uni-graz.at](mailto:postdoc@uni-graz.at) (subject line "PostDoc Peer Mentoring Application"):

1. Application form (see below)
2. Short curriculum vitae (2 pages max.)

Places in the Team are awarded on the basis of fulfilment of the above requirements and timing of the application, while ensuring diversity regarding research fields and previous experiences (minimum participants: 6).

Contact: Dr Johanna Stadlbauer, Coordinator PostDoc Office, University of Graz

Heinrichstraße 22/II, 8010 Graz

Tel.: +43/(0)316/380 - 1255

E-Mail: [postdoc@uni-graz.at](mailto:postdoc@uni-graz.at)

Web: <https://postdoc.uni-graz.at>

## Overview of the programme & dates

Note: the number of peer sessions can vary, it is determined by the Team as needed

### April 2023

#### **April 27, 1pm-5pm: Team-building session, facilitated by Johanna Stadlbauer & Yasmin Dolak-Struss (fixed date)**

Content: get to know each other, determine how group wants to work together (i.e. language, frequency of meetings, moderation/preparation, shared values...), identify and prioritize topics, determine support needed from PostDoc Office.

### May 2023

#### **May 4, 5pm: PostDoc Office Annual Event (voluntary date)**

Content: Annual event of the PostDoc Office on May 5, 2023, 5pm, including certification of previous Peer Mentoring Team (option for get-together of previous and current Team).

#### **May 5, 9am-1pm: Training in peer-coaching methods, facilitated by Yasmin Dolak-Struss (fixed date)**

Content: Introduction to peer-coaching methods & tools with practical exercises.

#### **May 25: First peer session (fixed date)**

Content: topics of choice.

### June 2023

#### **June 13, 10am-2pm: Strategic Career Planning workshop, facilitated by Ute Riedler (fixed date)**

Content: half-day with expert in academic careers and tenure paths, topics of choice.

#### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

### July-August 2023

#### **July 3: Expert session 1: HR Q&A (fixed date)**

Content: expert from the Human Resource department of the university provides knowledge and answers individual questions (topics of choice).

#### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

### September 2023

#### **Satisfaction evaluation session, facilitated by evaluator (flexible date, organized by PostDoc Office)**

Content: determine if Team works well together and if adjustments to the format are needed.

#### **Expert session 2: Research Funding (flexible date, organized by PostDoc Office)**

Content: expert from the Research Management and Service unit of the university provides knowledge and answers individual questions.

## **October 2023**

### **Check-in session, facilitated by Johanna Stadlbauer (flexible date, organized by PostDoc Office)**

Content: possible adjustments to format, process and content are discussed, with reference to the results of the satisfaction evaluation session.

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

## **November 2023**

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

### **November: Strategic Career Planning Pt. 2 workshop, facilitated by Ute Riedler (flexible date, organized by PostDoc Office)**

Content: half-day with expert in academic careers, topics of choice.

## **December 2023**

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

## **January 2024**

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

## **February 2024**

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

### **Expert session 3: Careers outside academia (flexible date, organized by PostDoc Office)**

Content: expert on leadership in careers outside academia provides knowledge and answers individual questions.

## **March 2024**

### **Peer session (flexible date, organized by Team)**

Content: topics of choice.

### **Summary session, facilitated by Johanna Stadlbauer (flexible date, organized by PostDoc Office)**

Content: overview of results of work of the group, agreement on further collaboration and ways to keep in contact (or not).

## **April 2024**

### **Certification ceremony (flexible date, organized by PostDoc Office)**

Content: certificates are awarded, a meeting with the members of the 2024 Team takes place. Knowledge / experiences can be shared.

## Application form

### PostDoc Peer Mentoring Team 2023/24

Please fill out & sign and send to [postdoc@uni-graz.at](mailto:postdoc@uni-graz.at) along with a short CV.

Contact details: Name, Job Title, Department, Main Field of Research/Discipline, Email, Telephone

I have received my doctoral degree in (Month/Year):

My current employment contract with the University of Graz started in and ends in (Month/Year):

Language/s I would feel comfortable to communicate in within the Team (please name one or more):

I have academic working experience/networks in countries other than Austria: Yes/No

If yes, please name the countries with which you have the most experience:

I have professional experience outside academia: Yes/No

If yes, please name your industry/area of engagement:

*I have had previous experiences with peer support: Yes/No*

*If yes, please briefly describe:*

*These are some of my goals/areas of development which I would like to work on with the Team:*

*I hope to gain and contribute the following by being part of the Team:*

I intend to commit to working with the Team for one year. I can fit the majority of the fixed dates in the programme in my schedule for 2023/24.

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Date & Signature