

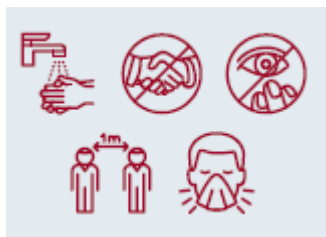
## COVID19 Information and instructions (Exchange students)

**Keep in mind that due to COVID-19, regulations can change quickly.  
Make sure to keep yourself updated.**

**Have your insurance contacts at hand and  
familiarize yourself with the procedures of your insurance provider.**

### Protective measures

- **Wash your hands frequently!**
- **Maintain physical distance of at least 1 meter between you and other people!**
- **NO handshakes or hugs**
- **Do not touch eyes, mouth and nose!**
- **Practice respiratory hygiene!**
- **Avoid large gatherings, pay contactless, make reservations where possible.**
- **If symptoms occur, do NOT come to university, do NOT even leave your home. Call the **hotline 1450** who will provide you with further instructions.**



### University of Graz

University of Graz publishes COVID-19 related information and updates at <https://covid-19.uni-graz.at/>. Make sure you keep up to date on the guidelines in place at any given time and follow instructions provided on this website.

### Local/regional travel

A face-mask (German: Mund-Nasen-Schutz [MNS]) covering mouth AND nose must be worn in all forms of public transport and taxis, pharmacies and doctor's offices as well as post offices and grocery stores/super markets.

*This list may change / be extended at any time by the authorities – make sure you keep up to date with the information. The Austrian ministry provides up to date information at [https://www.sozialministerium.at/en/Coronavirus/New-coronavirus-\(COVID-19\).html](https://www.sozialministerium.at/en/Coronavirus/New-coronavirus-(COVID-19).html).*

## In case of symptoms or COVID-19 suspicion

- If you have genuine symptoms (a high temperature, a cough, shortness of breath, etc.), stay at home and **call the 24-hour health hotline 1450** to receive information on the next steps.
- **In case you get tested:** contact [covid-19@uni-graz.at](mailto:covid-19@uni-graz.at) or call 0316/380-2000 (Mo-Fri from 9am – 4pm). You will be interviewed as to whether you were in contact with employees or other students at the University of Graz and about the lectures you attended **within 48 hours before the start of specific symptoms**.
- Fill in the [Covid-19 questionnaire for staff and students](#) and send it to [covid-19@uni-graz.at](mailto:covid-19@uni-graz.at)

## In case of a COVID-19 Infection

- Follow the instructions of the health hotline **1450**
- You will receive a **separation notice** ("Absonderungsbescheid") by the authorities
- Contact [covid-19@uni-graz.at](mailto:covid-19@uni-graz.at) or call 0316/380-2000 (Mo-Fri from 9am – 4pm) You will be interviewed as to whether you were in contact with employees or other students at the University of Graz and about the lectures you attended **within the last 48 hours**.
- Fill in the [Covid-19 questionnaire for staff and students](#) and send it to [covid-19@uni-graz.at](mailto:covid-19@uni-graz.at)
- **Inform the Office of International Relations** about the test result and let us know in which dormitory you live
- **Do NOT go to classes** until you have a negative test result
- Inform your lecturers about absence of classes
- Once you have a negative test result after infection inform [covid-19@uni-graz.at](mailto:covid-19@uni-graz.at) send the revocation of the separation notice

## Additional contacts

- **Doctors in Graz:**
  - [Searching for doctors](#)
  - [Instructions on how to search for doctors](#)
- **AGES** answers questions on the topic of coronavirus (general information about how it is passed on, symptoms and prevention) seven days a week on **0800 555 621**.
- **Hotline for questions related to care and support Styria:** The hotline **0800/500 176** offers information in relation to 24-hour care and looking after family members when the carer(s) are unavailable or there are other problems due to the coronavirus measures.
- [Info on where to get food and medication when in quarantine](#)
  - ➔ Where can I get food/medication when in quarantine?