

UNIVERSITÄT GRAZ



# Implications of generative AI for work design: Insights from the A-KI-A project

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# Agenda



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## Introduction

- Motivation for the project
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## Overview of the method

- Qualitative study
- Online field experiments
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- Demographic variables
- Insights from the interviews and experiments

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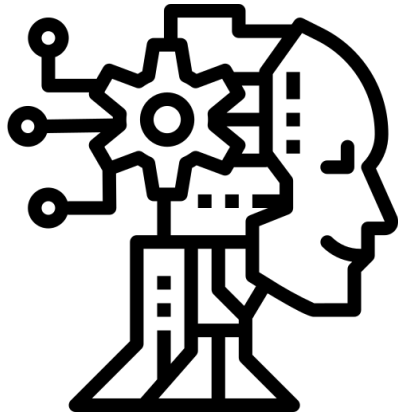
## Practical implications

- Handbook for the optimal use of AI at work

**01**

# **Introduction**

# What is Artificial intelligence (AI)?



*“cool things that computers can’t do”*

→ technologies emerging today that can understand, learn, and then act based on that information.

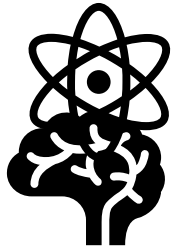
→ **autonomy** : the ability to perform tasks in complex environments without constant guidance by a user

→ **adaptivity** : the ability to improve performance by learning from experience

→ **software** (virtual assistants, image analysis software, search engines, speech and face recognition systems) and "**embodied**" AI (robots, autonomous cars, drones)

<https://www.elementsofai.com/>

# Definition of AI?



“Artificial intelligence (AI) refers to **systems** designed by humans that, given a complex goal, act in the physical or digital world by **perceiving their environment**, **interpreting the collected structured or unstructured data**, **reasoning on the knowledge derived from this data** and **deciding the best action(s) to take** (according to pre-defined parameters) **to achieve the given goal**. AI systems can also be designed to **learn** to adapt their behaviour by analysing how the environment is affected by their previous actions.”

Sources: Udrea et al., 2022; HLEG AI, 2019, S.7



**For the impact on work design, it is not decisive whether the systems are based on machine learning or use rule-based algorithms. What is more important is what effects they have on work.**



# Literature review



Project focus thus far on **ethical** and/or **legal** issues.



## **Decision support systems**

- Personnel selection
- Medical diagnosis and treatment



Research focus predominantly on **gig work**.



## **Algorithmic management**

- Monitoring, Goal setting, Performance management, Scheduling, Compensation, Job termination.



The effects of AI on work design in **classical traditional jobs** has mainly been overlooked.

# A-KI-A Project

## „Auswirkungen KI-unterstützter Systeme auf die Arbeitsgestaltung“



GEFÖRDERT DURCH  
Digifonds



Goal: to investigate the effects of the use of AI in the workplace on work characteristics and consequently on the well-being of employees in the field of knowledge work.

With this project we wanted to answer two main research questions:

- How does the use of AI in knowledge work affect work characteristics?
- Which cognitive and affective abilities protect workers from the negative effects of AI implementation on work characteristics?



# A-KI-A Project

## Conceptual clarification



### Knowledge work

Knowledge work is defined by thinking as its core task. It is distinguished by the continuous integration of communication, information, and data creation and consumption into daily workflows.



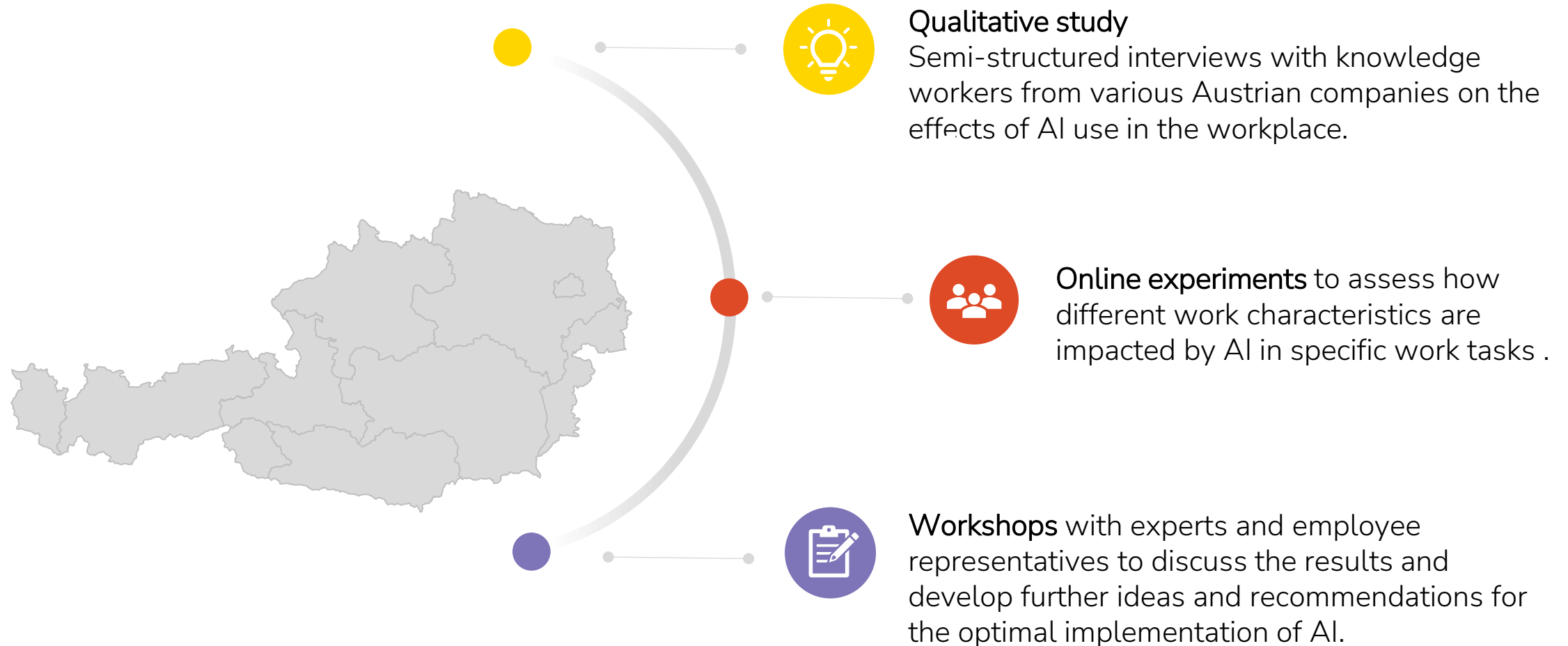
### Work characteristics

Work characteristics are various aspects and elements associated with a job that influence worker motivation, satisfaction, and performance. Examples: skill variety, task identity, task significance, autonomy, feedback.

**02**

# **Overview of the method**

# Overview of the method



# Qualitative study



10 semi-structured Interviews  
Summer 2023-Spring 22024

*5 Austrian companies*



HR department, marketing  
department, sales and  
business development, IT

*Age range*  
*24-41 years*



Most frequently used AI system: ChatGPT



Goal: to investigating the impact of using AI systems  
(ChatGpt) on work characteristics and outcomes.

# Online Experiments



## Online Experiment 1 (December 2023)



- Knowledge workers who use AI systems at work



- 2 Conditions
  - Intensive use of AI systems
  - Refrain from using AI systems



- Repeated measures (1 week in between)
- Comparison of work characteristics, well-being and motivation

## Online Experiments

- Online field experiments with German-speaking employees
- Goal: To investigate the impact of using AI tools on work characteristics and work-related outcomes

## Online Experiment 2 (October 2024)



- Knowledge workers
- No previous AI experience required



- 2 Conditions
  - Decision task with the help of ChatGPT
  - Decision task without the help of ChatGPT



- Comparison of task characteristics and task-related results



# Workshops with experts



- 3 workshops; 1-1,5h duration
- 14 participants in total
- AI experts, union representatives, work council representatives
- Discussion of the results before the preparation of the handbook
- Obtaining expert insights for the handbook



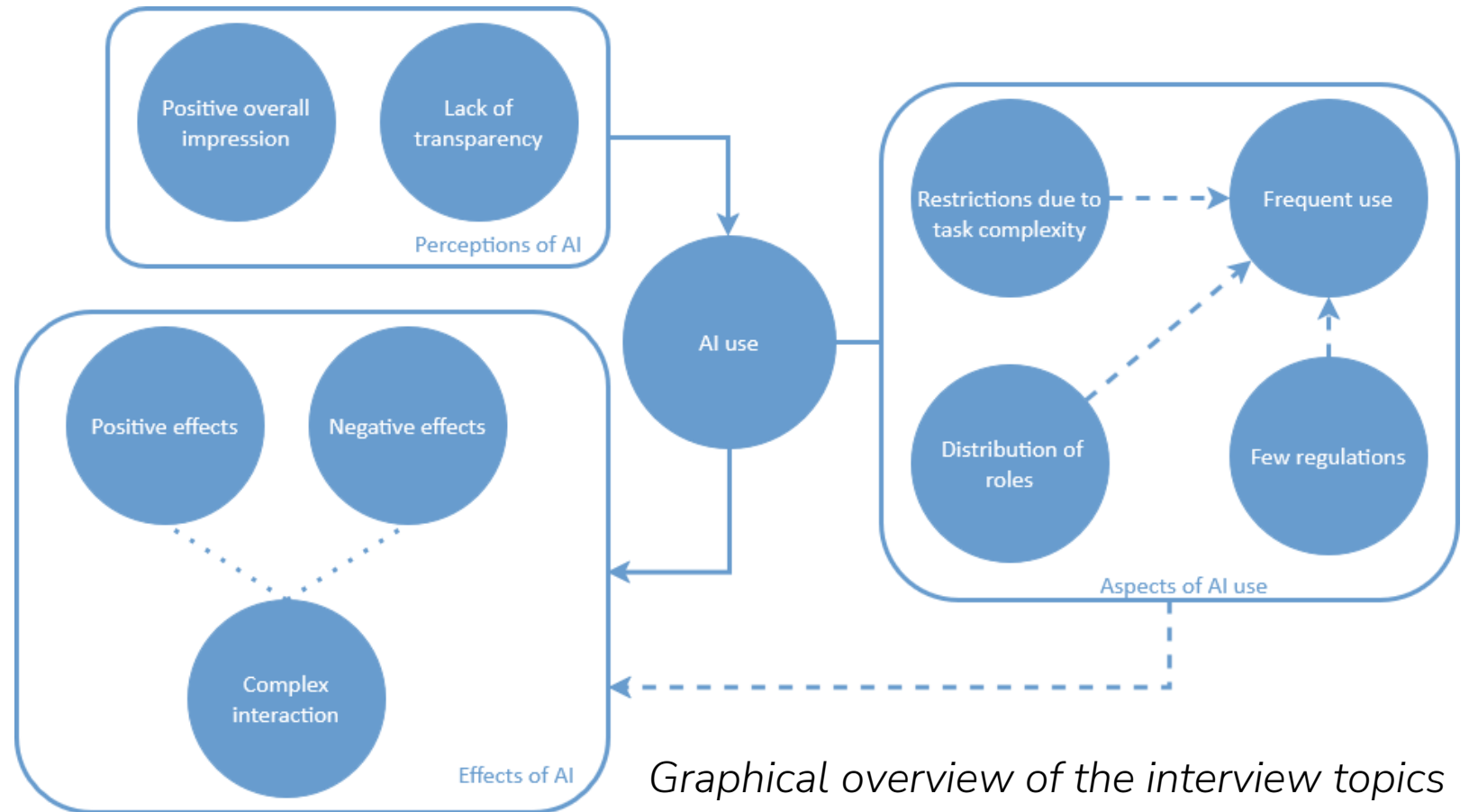
**03**

# **Results overview**



# Interviews with knowledge workers

- Knowledge workers have a **positive overall impression** of AI and its impact on their work.
- Potential of AI in terms of **facilitating routine activities**.
- **Supporting role** of AI - the overall responsibility for the task execution remains in the hands of humans.
- When and to what extent knowledge workers benefit from the positive effects of AI use **depends on the task context**.



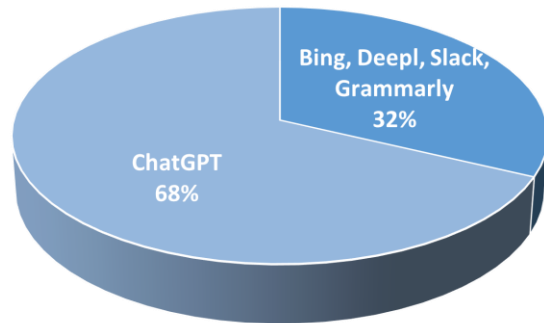
*Graphical overview of the interview topics*

# Effects of AI systems on work design

## Results of experimental research



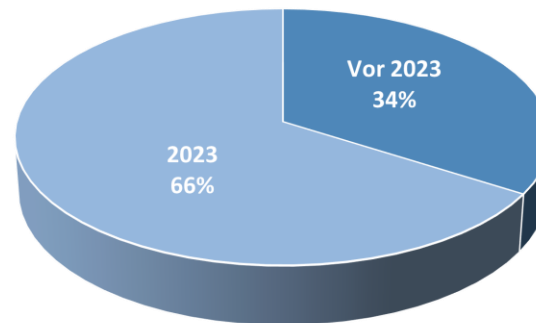
*Welches KI-Tool oder -Plugin bzw. welche KI-Softwareerweiterung benutzen Sie am häufigsten?*



### Most used AI system

(N=327 knowledge workers working in Austria, December 2023)

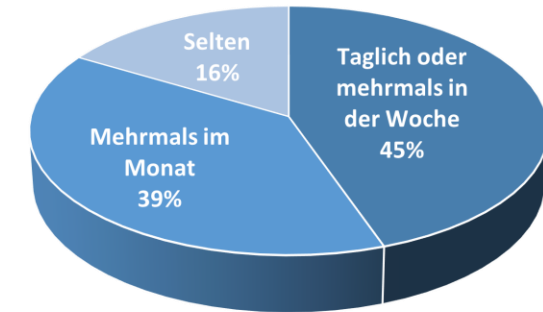
*Wann haben Sie ungefähr angefangen, das Tool, das Sie am häufigsten verwenden, zu nutzen?*



### Start of AI system use

(N=327 knowledge workers working in Austria, December 2023)

*Wie oft benutzen Sie das Tool, das Sie am häufigsten verwenden?*



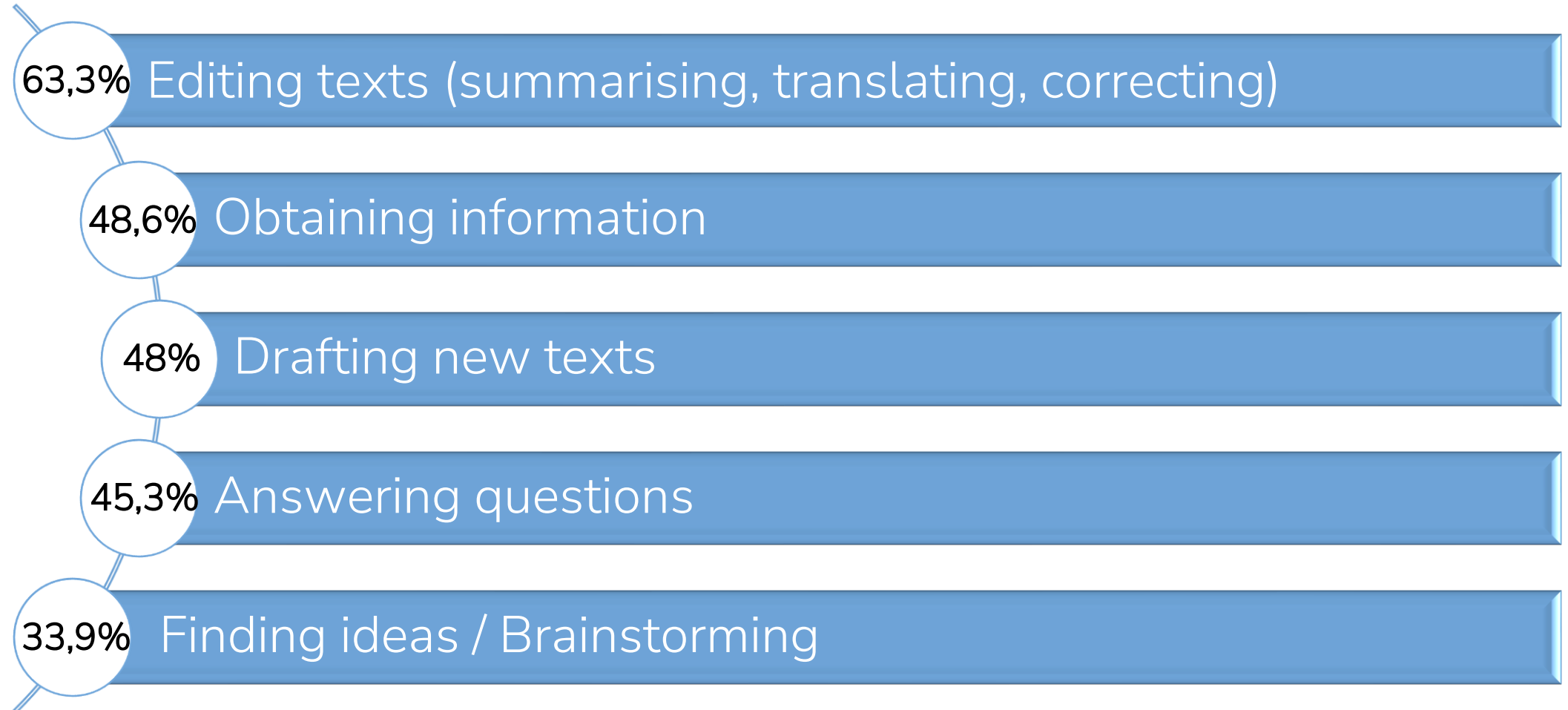
### Frequency of use of AI systems

(N=327 knowledge workers working in Austria, December 2023)

# Results of experimental research

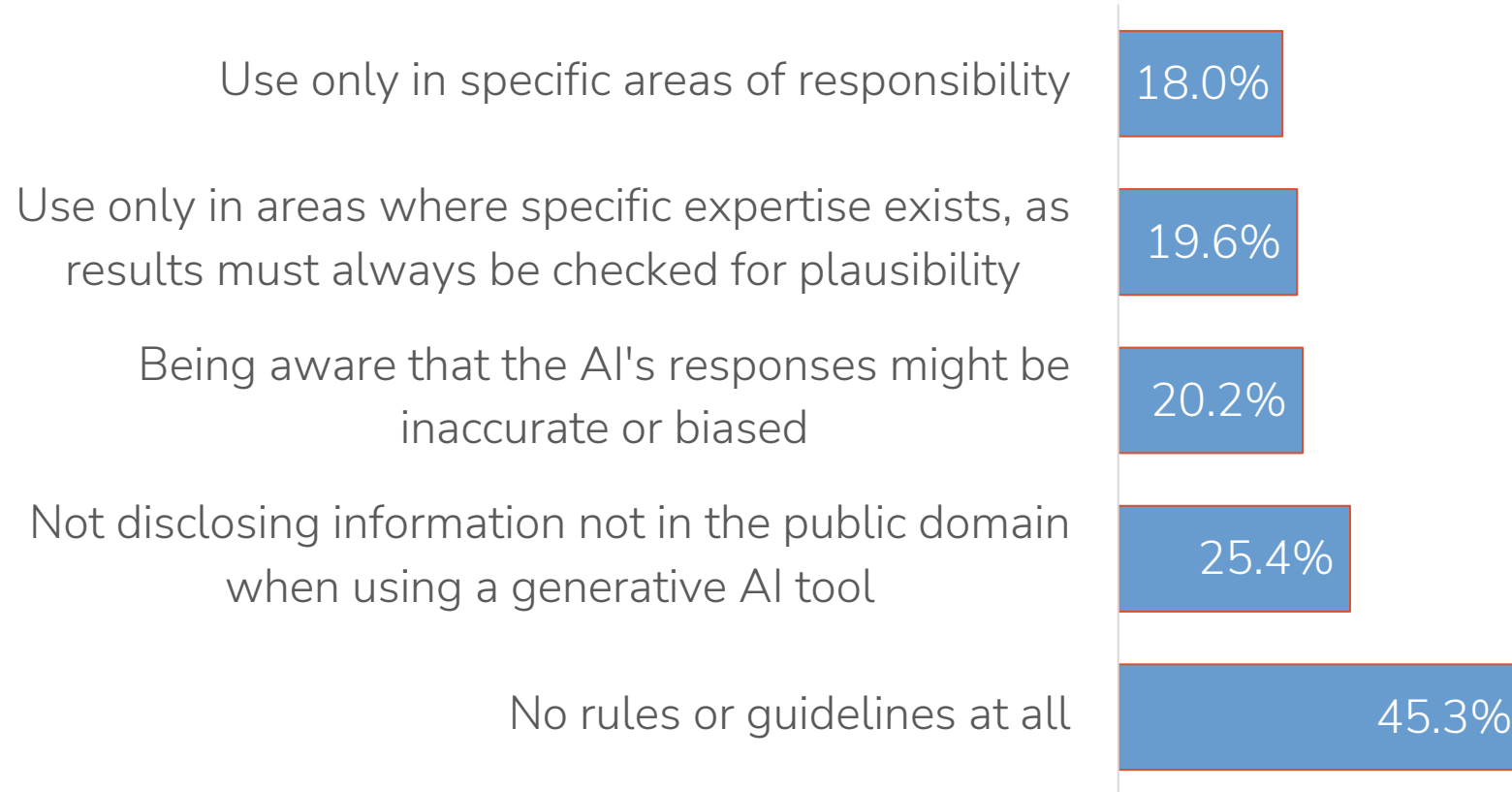


Areas of application for AI systems (December 2023)



# Results of experimental research

Rules/guidelines for the use of AI systems in the workplace in Austrian companies (December 2023)



# Results of experimental research



## **Effects on decision-making autonomy and information processing**

While AI increases efficiency (e.g. more text in less time), it reduces decision autonomy and information processing, leading to concerns about over-reliance on AI systems.



## **Negative impact on problem solving**

Intensive use of AI over a one-week period led to a reduction in problem-solving demands, suggesting that prolonged reliance on AI may impair employees' active cognitive engagement.



## **Long-term vs. short-term effects of AI systems**

AI does not immediately reduce work demands, suggesting that over time employees will abandon repetitive tasks and focus more on strategic tasks as they become more proficient with AI tools.



## **The effects of AI systems are not pre-determined**

Employees with a higher specific self-efficacy and a positive attitudes towards AI showed better work-related outcomes.

**04**

# **Practical implications**

# Practical implications



Clayton D/peopleimages.com / Adobe Stock

- The introduction of AI systems influences work processes, work roles and organizational cultures and therefore requires **strategic planning**.
- Clear **regulatory framework** conditions (including data protection aspects) create transparency and legal compliance.
- Early involvement of **all interest groups** promotes the acceptance and sustainable use of AI.
- Further **training and skills development** enable competent and safe use of AI.
- **Overreliance** on AI systems and decision-making through AI systems should be avoided.
- Implementation processes should be designed in such a way that the use of AI improves **working conditions** and promotes the **well-being** of employees.



## A comprehensive guide on the topic of AI systems and their impact on work design

→ specifically directed towards the application of AI systems in knowledge work

→ which work design characteristics should be taken into account when introducing or using AI

→ how the work design characteristics and subsequently the well-being and motivation of employees can be influenced by AI, both positively and negatively

Available for download at Open Science Framework (OSF)  
<https://osf.io/tjbqm/>

## HANDBUCH für den optimalen Einsatz von generativer KI im Kontext der Wissensarbeit

Auswirkungen KI-unterstützter  
Systeme auf die Arbeitsgestaltung:  
**Das A-KI-A Projekt**



*We work for*  
**tomorrow**





# Thank you for your attention.



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