



Koordinationsstelle für
Geschlechterstudien und Gleichstellung
der Universität Graz



Workshop, 13.11.2025

Strategic career planning for female* PostDocs

Target group:

Female* postdocs from all four universities in Graz (*University of Graz, Graz University of Technology, Medical University of Graz and University of Music and Performing Arts Graz*).

Content:

- Pillars of an academic career and strategic career planning
- Resources: networking, self-presentation and time-management
- Risks: Impostor-phenomenon, procrastination and social comparison
- Rest(lesness): overload with admin-work and teaching, work-private life balance and breaks

Method: Input, discussions, group work, self-reflection, workbook

Goal: clear vision of current position, setting constructive and joyful strategic decisions, strengthening your career as an independent researcher

Trainer: Ute Riedler - Wissenschaftsberatung (www.uteriedler.at)

Free of charge!

Registration including academic field of study, current stage of studies and semester: <https://koordination-gender.uni-graz.at/de/gleichstellung/anmeldung-zu-veranstaltungen-und-weiterbildungen/anmeldung-fuer-potenziale/>

Contact: weiterbildung.gleichstellung@uni-graz.at, Tel. 0316/380-1020 - let us know if you preferred the workshop being held in German

TIME: THURSDAY, 13. NOVEMBER 2025, 9 - 17

PLACE: SZ 15.22, RESOWI-CENTER, UNI GRAZ, PART G, SECOND FLOOR, ENTRANCE SCHUBERTSTRASSE

An event part of the "Potenziale" cooperation between Graz University of Technology, University of Graz, Medical University of Graz and University of Music and Performing Arts Graz.

