

Workshop Community-based education and learning as part of ULLL

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Types and Conditions of Service Learning: Associations with Civic Responsibility, Self-Efficacy, and Wellbeing

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Abstract

The Washington State University Center for Civic Engagement (CCE) analyzed 1040 student, service-learning participant surveys. Measures included civic knowledge/responsibility (CKR) and self-awareness/efficacy (SAE) as well as forms and conditions of community service. The project utilized social-behavioral models that view civic engagement activities as protective factors for well-being, and recognize the importance of programmatic factors (peer mentoring, reflective exercises, project development, etc.) in enhancing outcomes (Balsano, 2005). Students who participated in service linked to their academic curricula reported greater satisfaction with the CCE and their community partners as well as higher CKR and SAE than co-curricular students. The findings of this project suggest a value to enhancing programmatic elements for group processes and reflective experiences in both curricular and co-curricular settings at the university.