

# potenzialeFOKUS

Career promotion for women\* researchers from the four universities in Graz

**PotenzialeFOKUS** is a further education programme designed to support women in their scientific careers along the triad of 'Competences - Networking - Coaching'. The flexible programme offers a combination of self-selected workshops and mandatory components that provide women\* with essential know-how, practical tools and valuable networking opportunities.

**Target group:** female\* PhD students and PostDocs, also for women\* on career breaks due to care obligations

**Programme curriculum:** three self-selected workshops, networking session, and a coaching session

**Duration:** individual; up to 3 years (maximum); After successfully completing the programme, you will receive your certificate at a ceremony

**Registration:** anytime, by e-mail ([weiterbildung.gleichstellung@uni-graz.at](mailto:weiterbildung.gleichstellung@uni-graz.at)) with the [registration form](#) (please note: *limited number of spaces available*)

**Learning objectives:** strategic approaches in career planning, assessment and development of professional priorities, academic organisation-related skills for everyday professional life, networking (focus depends on individually chosen workshops)

## Components:

### MANDATORY COMPONENTS

- |   |            |   |
|---|------------|---|
| 1 | Workshop   | Strategic career planning for female* prae- or<br>Strategic career planning for PostDocs or<br>Treffpunkt Habil |
| 2 | Networking | Networking Session (more information online<br>soon), 19 march 2025, 12-4 pm                                    |
| 3 | Coaching   | One individual coaching session (50 min)  |

### ELECTIVE WORKSHOPS

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|---|----------|--|
| 4 | Workshop | A workshop of your choice from the Potentials<br>programme |
| 5 | Workshop | A workshop of your choice from the Potentials<br>programme |

**Procedure:** Please register using the registration form. After your registration has been confirmed by us, attend the workshops. Coaching can only be accessed after successful completion of the other four components. Simply send the four certificates of participation to [weiterbildung.gleichstellung@uni-graz.at](mailto:weiterbildung.gleichstellung@uni-graz.at). We will send you a list of our coaches (or retrieve it here) and you can arrange your individual appointment. Once the coaching has been completed, you will receive the potenzialeFOKUS Certificate.

More information: <https://koordination-gender.uni-graz.at/de/gleichstellung/potenziale-kooperation-der-vier-grazer-universitaeten/>



potenzialeFOKUS is part of the inter-university cooperation "Potenziale" and is dedicated to the promotion of women\* in academia.