## UNIVERSITÄT GRAZ UNIVERSITY OF GRAZ



# SUMMER SCHOOL 2022 - Science and Technology Success Strategies for Female\* Scientists 10. - 17. July 2022

This career-oriented 8-day continuing education programme contributes to the promotion of equal opportunities and the advancement of academic careers of women\* in Science and Technology.

**Target group**: female\* PhD students and female\* postdocs in Natural Sciences and Technology (Institutes, Centers and Doctoral Schools), University of Graz, Graz University of Technology and Montanuniversität Leoben.

Programme: 72 hours per participant

Components
- Kick-off: 2 hours
- 8 seminars: 60 hours

- 2 expert discussions: 4 hours

- Individual coaching: 2 one hour units per participant

- Group coaching: 4 hours

#### Learning objectives:

- Assessing the personal situation, changing perspectives and developing professional focus
- Strategic approaches to career planning
- New skills and tools for the professional setting in scientific organizations
- Insight into the (informal) structures of scientific work in academic institutions
- Networking

**Seminar leaders**: Scientific experts and trainers with experience in academia.

Duration: Sunday 10. to Sunday 17. July 2022

**Venue**: Trattnerhof, 8102 Semriach near Graz, Unterer Windhof 18, <a href="www.trattnerhof.at">www.trattnerhof.at</a>
It is important to stay in Semriach all the eight days and nights (there are single rooms and the big seminar rooms, many outdoor possibilities), so that everyone can network well within the group & the experts/trainers and use this time only for reflection and personal professional needs.

We are supporting care obligations together with unikid & unicare, <u>unikid-unicare.uni-graz.at</u>
Organized by: Coordination Centre for Gender Studies & Equal Opportunities in cooperation with NAWI Graz, University of Graz.

The programme contributes to establishing a gender balance at universities. The concept was developed by Dr. Barbara Hey, MBA and Ilse Wieser, Coordination Centre for Gender Studies & Equal Opportunities at the University of Graz, together with experts.





#### Curriculum:

Gathering: Trattnerhof, Sunday, 10. July 2022, 9:30 am

#### 1. Seminar, Sunday, 10. July 2022, 10 am - 5 pm

#### Personal assessment. Career planning & career perspectives in science. Self and time management. Getting to know each other, group formation - the programme as a network. Motivation and goals of participation in the programme. Assessment of the current situation. Personal strengths and areas of development. Life and career planning. What does career mean? Basics of self-organization and time management. Burnout prevention. Goals: Using personal strengths in the professional setting. Identifying personal development

areas and initiating change processes. Planning your career, identifying and pursuing professional and private goals.

Instructor: DI Sabine Pelzmann, MSc, MBA

#### 2. Seminar, Monday, 11. July 2022, 9 am - 5 pm, online Strategic career development for scientists.

Success strategies in academia. Performance parameters, funding and publication strategies, mentoring and (international) networks. Resume/CV. Resilience and life domains balance.

Instructor: Mag. Ute Riedler

#### Monday 11. July 2022, 7 pm

#### Experts' discussion panel, Moderation DI Dr. Karin Grasenick

"Being a scientist - factors promoting or inhibiting career advancement" with role models/experts.

#### 3. Seminar, Tuesday 12. July 2022, 9 am - 5 pm

#### Communication, Self-presentation.

Self-presentation strategies in academia. Lecture and presentation techniques. Speaking up effectively and to the point. Media coverage. Goals: presenting yourself effectively and self-confident within your scientific community.

Instructor: Mag. Ute Riedler

#### 4. Seminar, Wednesday 13. July 2022, 9 am - 4 pm

#### "Doing and Undoing Gender" and equal opportunities at university, part 1

Basics of various feminist discourses and the history of women's movements, their aims and political means; introduction to the history of women\* in academia. Goals & Method: Through interactive inputs from the instructor and related reflection and exchange in groups, participants will gain more knowledge and awareness of feminist discourses and current approaches to gender equality policies.

Instructor: Mag. Dr. Lisa Kristina Horvath

#### Wednesday 13. July 2022, 8 pm

"Create your future network by socializing!": Open stage - Science Slam/Fame Lab - Music evening. Instructor: Assoc. Prof. Mag. Dr. Manuela Temmer

#### 5. Seminar, Thursday 14. July 2022, 9 am - 5 pm Negotiating science.

Negotiation skills and management. Harvard Concept. When to negotiate? What to negotiate? Win/win strategies. Negotiation strategies for subordinates. Goals: dealing proactively with tricky negotiations. Instructor: Mag. Ute Riedler

#### 7. Seminar, Friday 16. July 2022, 9 am - 1 pm,

#### "Doing and Undoing Gender" and equal opportunities at university, part 2

Presentation and discussion of research findings on different gender biases in science and phenomena such as "leaky pipeline", "women ≠ science", gender publication bias, how and where different evaluations of researchers take place (e.g. letters of recommendation, recruitment decisions, etc.). Building on this, current gender equality measures and methods (e.g. promotion of women, gender equality plans, working group for equal opportunities, etc.) are presented and reflected upon. Goals & methods: by the means of researchbased inputs by the instructor, subsequent exercises and reflections, the imparted knowledge will be integrated into the participants' own life realities, thus raising awareness, building gender competence and accomplishing empowerment.

Instructor: Mag. Dr. Lisa Kristina Horvath, Expert: Dr. Barbara Hey, MBA

#### Friday 15. July 2022, 7 pm

#### Experts' discussion panel, Moderation Dr. Barbara Hey, MBA

"Being a scientist - authenticity and adaptation in the hierarchical system" with role models/experts.

#### 6. Seminar, Saturday 15. July 2022, 9 am - 5 pm

#### Organization and organizational culture at university.

Structure and process management of a university, steering instruments, dealing with areas of tension and contradictions. Opportunities to influence structures, culture and power relations at universities. Goals: getting to know different university structures and the field of university management. Critical reflection of organizational culture and developing personal strategies.

Instructor: Mag. Doris Carstensen, MBA

#### 8. Seminar, Sunday 17. July 2022, 9 am - 4 pm

### Chairing groups and teams. Motivation. Making a difference - shaping university life. Reflecting the programme. Networking. Transfer.

Management function in groups. Motivation of group members. Women in leading roles. Target oriented approach in organizations. Status-quo at university regarding options of participation for female scientists. Reflection of the entire programme. Goals: confident leadership as a female scientist. Knowing opportunities to participate in management decisions within university. Group networking.

Instructor: DI Sabine Pelzmann, MSc, MBA

Ceremonial awarding of certificates: Sunday 17. July 2022, 5 pm

**Group coaching**: 4 hours in autumn 2022, content: reflection of the Summer School or a topic wished by the group. Self organized by the group.

**Individual coaching**: 2 hours per participant. One-to-one coaching is an individual support offer tailored to the participants' own needs for reflection and enhancement of the professional performance. Coachings are offered until end of 2022.

#### **Instruction and Moderation**

Mag. Doris Carstensen, MBA (Paracelsus Medizinische Privatuniversität, Salzburg)

DI Dr. Karin Grasenick (convelop cooperative knowledge design gmbh, Graz)

Dr. Barbara Hey, MBA (Coordination Centre for Gender Studies & Equal Opportunities, University of Graz)

Mag. Dr. Lisa Kristina Horvath (Dr. Lisa Horvath. University and Organizational Consulting, Graz)

DI Sabine Pelzmann, MSc, MBA (Integrative Organisationsentwicklung, Graz)

Mag. Ute Riedler (Ute Riedler - Scientific Consulting, Graz)

Assoc. Professor Dr. Manuela Temmer (Institute of Physics, University of Graz)

#### SUPPORTING INSTITUTION

University of Graz - Managing Rector Dr. Peter Riedler and Special Representative of the University Administration for Equality in the fields of Gender & Diversity Ao. Univ.-Prof. Dr. Renate Dworczak

#### **HEAD OF THE PROGRAMME**

Dr. Barbara Hey, MBA (Head of the Coordination Centre for Gender Studies & Equal Opportunities at the University of Graz)

#### PROGRAMME COORDINATION AND CONTACT

Coordination Centre for Gender Studies & Equal Opportunities at the University of Graz

Email: weiterbildung.gleichstellung@uni-graz.at, Tel. 0316/380-1020, https://koordination-gender.uni-graz.at

#### **COOPERATION PARTNER**

University Cooperation NAWI Graz