

**I think and I believe: Conceptual and neural overlapping of self-reflection  
and creditions**

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The concept of 'creditions' raises questions regarding psychological and neural processes involved when someone is believing. Creditions consist of cognitive processes of propositions such as vague ideas and confirmed knowledge, transformation of propositions into mindsets and actions, and shaping bodily and mental states. Neural processes of creditions engage the midline cortical structures. Here I'll discuss the similarity between creditions and self-reflection that also engages similar cognitive processes and neural substrates. The similar cognitive and neural processes involved in creditions and self-reflection can be understood in a framework of 'fuzzy' social cognition.